



9 Beautiful
Prayers for My
Mom to
Celebrate Her
Today and
Every Day

HEATHER RIGGLEMAN

Living bold truths in motherhood.

heatherriggleman.com

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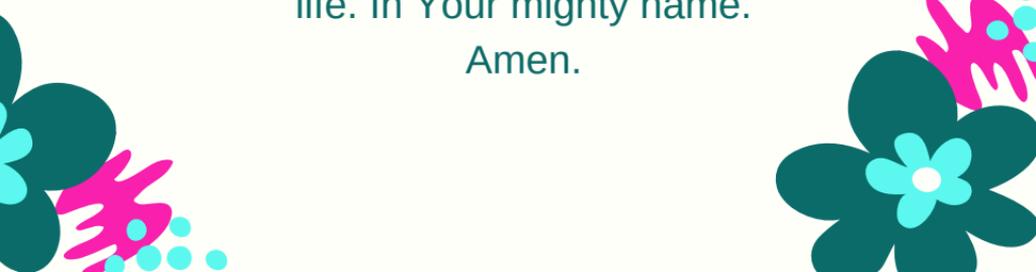
A Prayer of Gratitude

Jesus,

Thank You for the gift of mother. She has been a blessing all my days. She is compassionate and selfless. She is strong, intuitive, and encouraging. She is kind and warm hearted. She is filled with Your wisdom, discernment, joy, intuition, and passion.

Thank You for giving me a warrior mom who comes to You for all her needs and mine. Thank you for her life, her laugh lines, and her love. I pray that You bless her richly today and help me show her appreciation for her indispensable presence in my life. In Your mighty name.

Amen.

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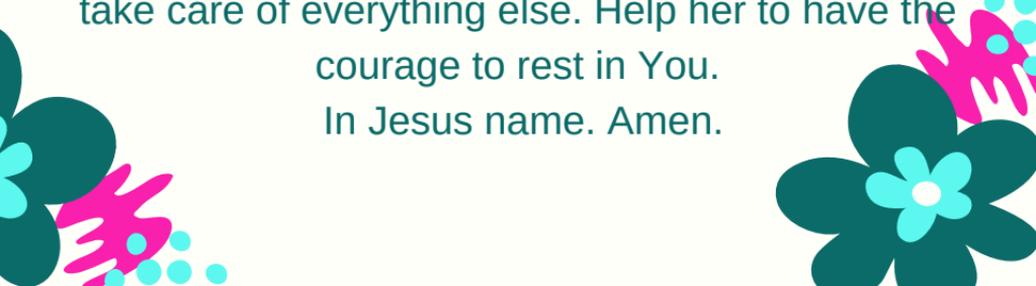
A Prayer for Courage

Dear God,

Today I lift up my mom and all that she faces. Please give her the strength to purposely slow down and get quiet before You and to listen to your voice. Lord, help her to seek You – and Your purposes – above any other pursuit in life.

Give her the courage to face whatever obstacle is may face today. Help her to stay focused on the eternal instead of the temporary and help her to not just talk about her relationship with You but go actually go to You with all of her worries, priorities, and desires.

Whisper to her that you are aware of it all and Your word promises that when she puts You first, You will take care of everything else. Help her to have the courage to rest in You. In Jesus name. Amen.

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A Prayer for Strength

Father God, thank you for these little ones. Your word says each child is a blessing from You. But sometimes it's hard to remember this when they're emotional, rebelling, disrespecting, and in the midst of mess making. But I am so thankful that You had the wisdom to make [insert mom's name] as my mother.

Thank You that You have walked with her through the depths, the valleys, and the mountains of motherhood. Today, I lift up my mom to know because she has been an incredible source of strength, wisdom, and the best listening ear. Continue to bless my mom with discernment, intuition, joy, patience, and strength.

In Jesus' name. Amen.





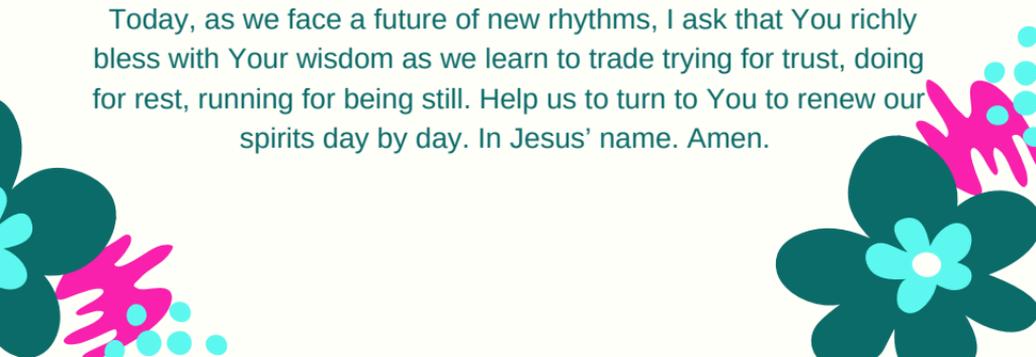
A Blessing of Renewal

Father God, today we lift up all the mothers and grandmothers on this special Mother's Day. This past year has been one hard moment after another. COVID has pushed us off balance and out of rhythm. Moms have found themselves to weary, worn, and withered with all the extra responsibilities, loneliness, isolation, death, dying, and illness surrounding us.

But Father God, as You have promised You've been with us through it all. When we faced hard things, You were with us.

When we walked through the fires, we were not burned. When we faced rivers of do more, try harder, You did not let it drown us. Instead, You redeemed every hard moment for good. You saw each and every weary mom and grand mom and Your presence and comfort remained steadfast.

Today, as we face a future of new rhythms, I ask that You richly bless with Your wisdom as we learn to trade trying for trust, doing for rest, running for being still. Help us to turn to You to renew our spirits day by day. In Jesus' name. Amen.



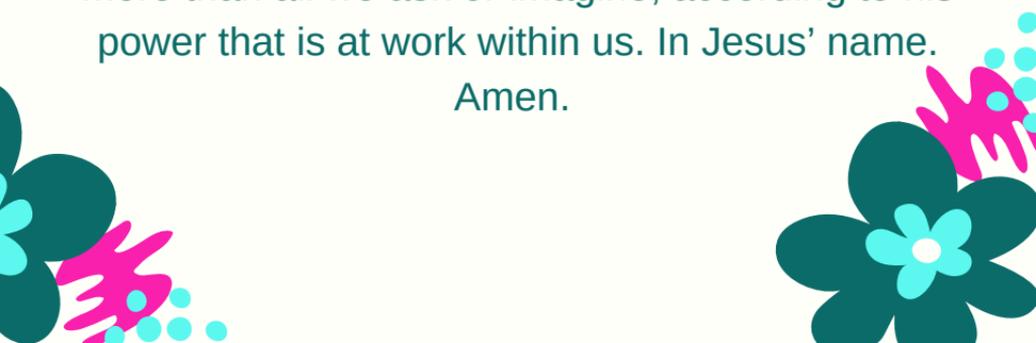


A Blessing Prayer

Father God, I pray that out of Your glorious riches that You may strengthen my mom with Your power through Your Spirit so that Christ may dwell in her heart through faith. And I pray that my mother is deeply rooted and established in love that she may have the power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love Jesus has for her.

Help her grasp how this love surpasses all knowledge—that she may be filled to the measure of all the fullness of God. Help her embrace in her heart the knowledge that You are able to do immeasurably more than all we ask or imagine, according to his power that is at work within us. In Jesus' name.

Amen.





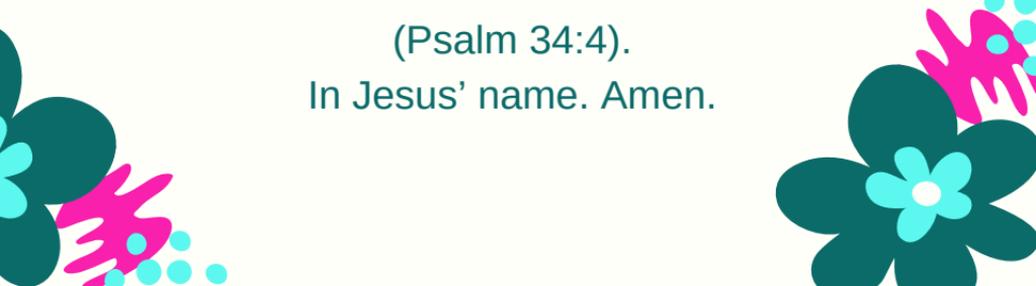
A Prayer for Peace

Father God, every time I think of her, I thank You (Philippians 1:3). As I lift up my mom to You today, I ask that You help her not to worry about anything but to bring everything to You. Give her an attitude of thanksgiving as she makes her requests known to You. Give her Your peace Father God which surpasses all understanding and guard her heart and mind in Christ Jesus (Philippians 4:6).

Leave her with the peace You have given, not as the world gives but Your peace that surpasses all understanding. Remove the troubles of her heart and help her not be afraid (John 14:27).

Remind her as she seeks You, that you will answer her and deliver her from all her worries and fears (Psalm 34:4).

In Jesus' name. Amen.



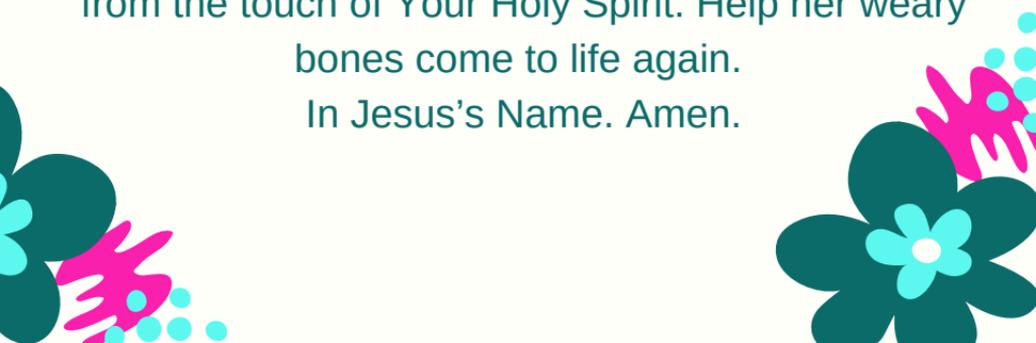


A Prayer for Tired Moms

Heavenly Father, I lift up mom. I know that her soul longs after You. I know that she can only flourish when she seeks after You with her whole heart but right now she's battle weary and bone tired. She feels like she is on the losing end of the battle she's facing. Lord Jesus, help her seek you in the mundane moments and turn those moments of seeking into glory filled moments of delight. Touch her spirit with your renewing hand.

Being a mom is physically, mentally, and emotionally exhausting at times. Give her rest that comes from surrendering to You. Lead her beside still waters. Help her to be still and know that You are her God, and You will fight for her. Revive her spirit that comes from the touch of Your Holy Spirit. Help her weary bones come to life again.

In Jesus's Name. Amen.



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A Prayer for Protection

Lord,

I lift up my mom to You and ask that You place a hedge of protection around her. Protect her spirit, body, mind, and emotions from any kind of harm. I pray for protection against accidents, injuries, or abuse of any kind.

I ask that You surround her with Your arms of protection and that she is able to take refuge in the shadow of Your wings.

Hide her from any evil that would come against her and open her eyes to any danger.

In Jesus' name I pray.

Amen

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A Prayer for Health

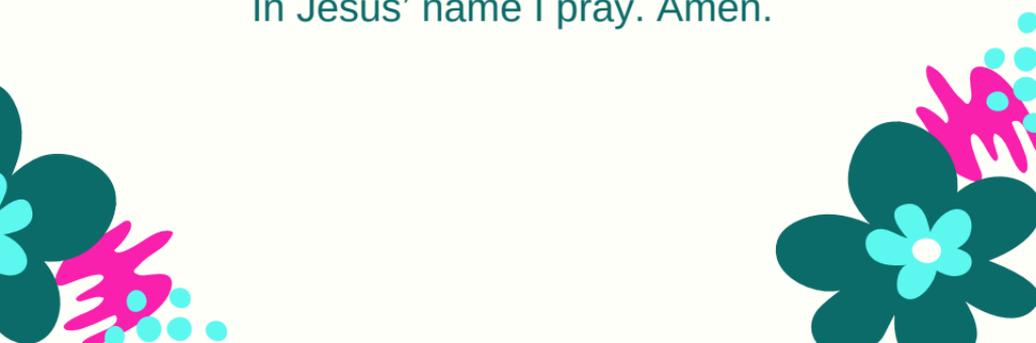
Jesus,

You are my Great Healer and mighty Savior! Please bring good health to my mother. Protect her against very virus, germ, and illness. Build up her immune system and keep it strong. Give her Your peace that her body is doing what it was created to do.

Fill her with Your strength and energy so that she is able to get through her day effortlessly. May you bind up any wounds and protect her from further pain or injury.

Shield her just as she has shielded me.

In Jesus' name I pray. Amen.

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